

## Media Release

### For Immediate Release

August 12, 2010

#### **Pine Villa Nursing Home Works to Reduce Resident Falls 7% by September 2010**

**Stoney Creek...** Reducing resident falls is a key priority for Pine Villa Nursing Home, and by participating in the Resident First initiative, the home is well on its way to achieving a target 7 per cent reduction by next month.

The home highlighted this initiative to Christina Bisanz, CEO of the Ontario Long Term Care Association (OLTCA), during a tour of the home today.

Residents First is a provincial partnership initiative among the Ministry, the Ontario Health Quality Council, long term care homes, residents, families and other quality improvement practitioners that provides quality improvement training, tools and resources for staff to measurably enhance resident outcomes. Pine Villa Nursing Home began the program in December 2009. A Residents First team comprised of the home's owners, Board Members, management, staff, residents and family members was established.

"We use the Residents First specialized quality improvement tools to do a complete analysis of every incident of a fall, to understand the reasons why and to potentially establish preventative measures that can be implemented," said Lisa Paladino, Administrator of the home, "Using these tools has been eye-opening, and we are now tracking our results monthly. We are proud of our progress to date and we are on target to achieve our objective."

The home is also using the Resident First program and tools to reduce emergency room transfers and enhance caregiver-resident relationships.

"Pine Villa is demonstrating the value of Residents First as a leading edge initiative that provides homes with tools and support to positively impact further quality care outcomes and quality of life for residents," said Ms. Bisanz.

Ms. Bisanz, who is touring a number of OLTCA member homes across Ontario, said, "this is another example of how the long term care sector is demonstrating its commitment to, and expertise in, meeting the changing needs of aging residents with more complex medical conditions, as part of a more effective healthcare system for all Ontarians."

In addition to the Resident First program, the home has developed an Independent Program Plan. Focused on five activities each resident would like to do, Recreation staff find ways to make their requests a reality. Through fulfilling individual program requests, residents' quality of life is improved.

OLTCA represents the not-for-profit, charitable, private and municipal operators of 428 long term care homes that provide care and services to some 50,000 residents throughout Ontario.

Pine Villa Nursing Home is a 38 bed home that has been helping meet the long term care needs of Stoney Creek residents for 43 years.

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